

THROW YOUR HANDS UP

Level: High Intermediate Time:
Music: Throw your hands up, by Jump5
Choreo: Jeff Driggs
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Taught on: ECTA Clog Convention 2004
Sequence: Intro wait 16 counts **A B C A A D B C A A D B C A A D A**

Part A (16 beats)
Throw Your Hands Up

-hands up- -½ left- -spread;½ left-
 KICK ST ST DS RS DT JUMP JUMP DS RS
 L L R L RL R BOTH L RL
 1 & 2 &3 &4 & 5 6 &7 &8

-right had out-
 ST ST(os)DS ST H(f)ST TCH(b)ST TCH(os)ST TCH(os) RS
 R L R L R R L L R R L LR
 9 10 &11& 12 & 13 & 14 & 15 &16

Part B (32 beats)

Vine Heel BOBO CHUG DS(os) DS(xif) DS(os) TCH(b) H(f) BO BO UP DS RS move left
 L R L R R R BOTH L L RL
 &1 &2 &3 & 4 5 & 6 &7 &8

Basic To Heels

-¼ left-
 DS RS BOUNCE H ST ST ST DS DS RS
 R LR BOTH R L R L R LR
 &1 &2 & 3 4 & 5 &6 &7 &8

repeat to face front

Part C (32 beats)

Chain Up To A Bounce
 DS R(os) S R(xif) S R(os) S Loop(xib) Bounce DS DS RS
 L R L R L R L R BOTH L R LR
 &1 & 2 & 3 & 4 & 5 &6 &7 &8

Rocking Chair

DS BR UP/H DS RS turn ½ left
 L R R L R LR
 &1 & 2 &3 &4

Fancy Double

DS DS RS RS
 L R LR LR
 &1 &2 &3 &4

repeat to face front

Part A

Throw Your Hands Up

Part A

Throw Your Hands Up

Part D (32 beats)

Jeff McNamara Fancy
 -clap overhead- -clap overhead- -turn ½ left-
 ST H(if) BA BA(xib) BA(ots) H(if) BA BA(xib) DS DS RS RS
 L R R L R L L R L R LR LR
 & 1 & 2 & 3 & 4 &5 &6 &7 &8

repeat to face front

Part B

Vine Heel BOBO Chug; Basic To Heels; repeat to face front

Part C

Chain Up To A Bounce; Rocking Chair; Fancy Double; Repeat

Part A

Throw Your Hands Up

Part A

Throw Your Hands Up

Part D

Jeff McNamara Fancy; repeat

Part B

Vine Heel BOBO Chug; Basic To Heels; repeat to face front

Part C

Chain Up To A Bounce; Rocking Chair; Fancy Double; Repeat

Part A

Throw Your Hands Up

Part A

Throw Your Hands Up

Part D

Jeff McNamara Fancy; repeat

Part A

without Rock Step At End